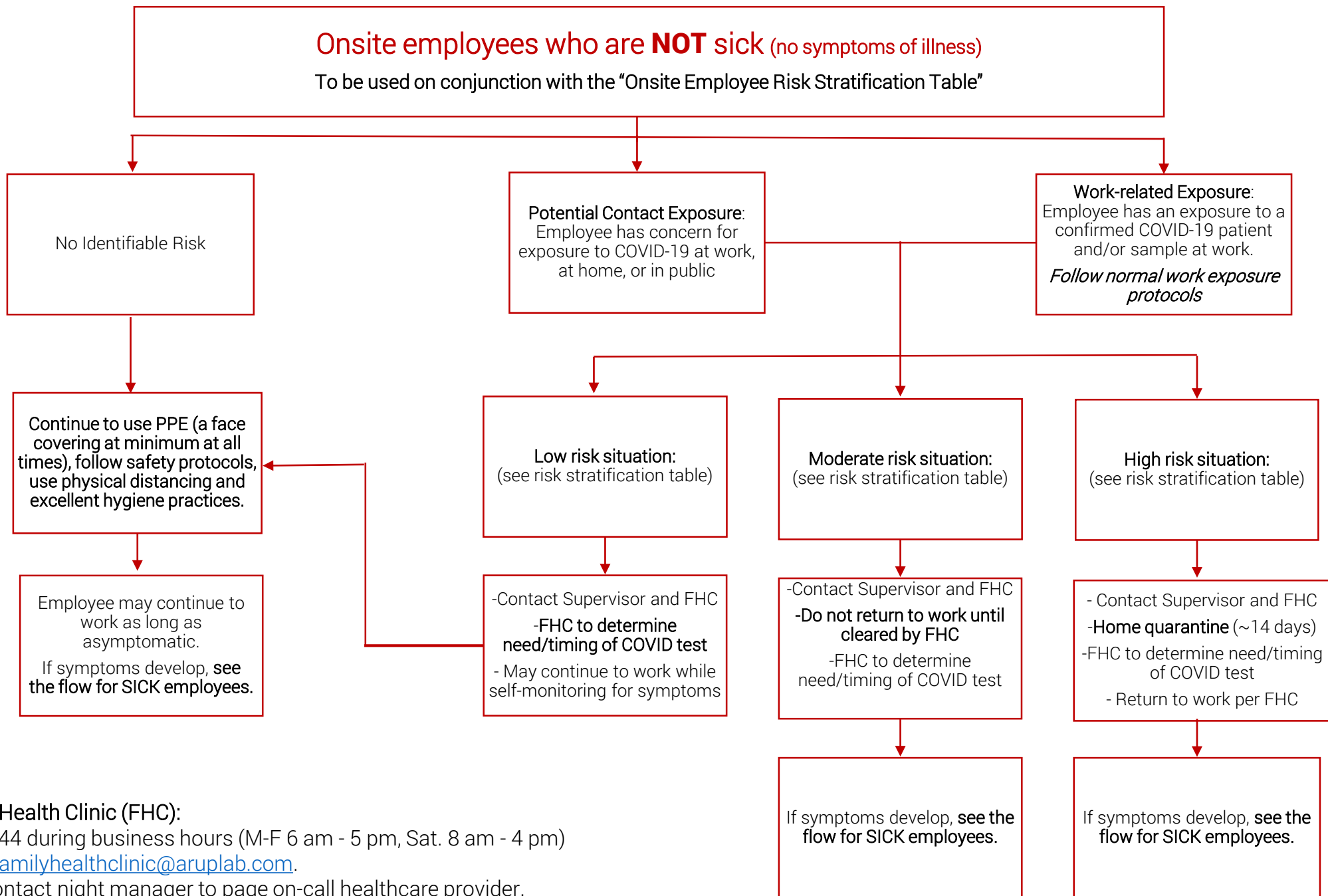


# ARUP Onsite Employee Work Guidance

- **If you are sick** (with *any* infectious illness), **stay home.**
  - Contact the Family Health Clinic if you have concerns about diagnosis and/or symptom management.
  - Notify your Supervisor per policy.
  - Contact Human Resources if you have questions about leave options and/or pay.
- **If you are not sick, consider your exposure risk** (see Employee Risk Stratification Table).
  - Contact the Family Health Clinic if you have questions about your exposure risk.
  - If needing to quarantine off-site, notify your supervisor per policy.
  - Contact Human Resources if you have questions about leave options and/or pay.
- **If you work onsite, strictly follow safety policies and procedures including use of a face covering (or higher level job-specific PPE), physical distancing and excellent hygiene standards.**



**Contact Family Health Clinic (FHC):**

Call 801-584-5144 during business hours (M-F 6 am - 5 pm, Sat. 8 am - 4 pm)

OR by email at [familyhealthclinic@aruplab.com](mailto:familyhealthclinic@aruplab.com).

If after hours, contact night manager to page on-call healthcare provider.

If experiencing concerning symptoms such as shortness of breath or chest pain, go to the ER.

# ARUP Onsite Employee Risk Stratification Table & Guidelines

Risk Level	Contact Exposures (exposure to a COVID-19 positive individual at work, at home, or in public)	Work-Related Exposures (patient and/or sample-related)	Guidance: NO symptoms of illness	Management: With symptoms
High	Living in the same household as, being an intimate partner of, or providing care in a nonhealthcare setting (such as a home) for a person with laboratory-confirmed COVID-19 infection	<b>PPE not used</b> while performing an <i>aerosolizing procedure on a known positive sample</i> OR during <i>prolonged contact with a known positive patient</i> .	Employee to contact supervisor and the FHC. <b>Quarantine at home</b> for up to 14 days following date of last exposure. FHC to determine need and timing for SARS-CoV-2 PCR testing*. May return to work when cleared by FHC.	See workflow for SICK employees
Moderate	Close, prolonged, <b>unmasked</b> (either the exposed or the infected individual) contact with a person with laboratory-confirmed or strongly suspected COVID-19. <sup>^</sup>	<b>PPE not used</b> during a non-aerosolizing procedure on a known positive sample OR during close, prolonged contact with a patient highly suspected of having COVID-19.	Employee to contact supervisor and the FHC. <b>FHC to evaluate for potential quarantine and need/timing of SARS-CoV-2 PCR testing*. Remain at home until evaluated by FHC.</b> May return to work when cleared by FHC.	
Low	Close, prolonged, <b>consistently masked</b> (both the exposed and the infected individuals) contact with a person with laboratory-confirmed or strongly suspected COVID-19.	<b>Partial PPE</b> worn (e.g. face mask but no gown/gloves/eye protection) while working in patient care areas with known positive patients	Employee to contact supervisor and the FHC. FHC to determine need/timing of SARS-CoV-2 PCR testing*. <b>May continue to work while self-monitoring for symptoms and strictly following safety protocols.</b>	
No Identifiable Risk	Interactions with a person with laboratory-confirmed COVID-19 infection that do not meet any of the high-, medium- or low-risk conditions above, such as walking by the person or being briefly in the same room.	Correct PPE worn and correct safety protocols followed while working with samples	No need to contact the FHC. May work without restriction.	

\* SARS-CoV-2 PCR testing in asymptomatic individuals is performed at 5-7 days post-exposure

<sup>^</sup> There is not an agreed upon and specific definition of "close, prolonged contact" at this time.

The WHO defines close contact to be within 3 feet of a symptomatic individual with COVID-19.

The CDC defines a close contact as anyone who has been within 6 feet of a person infected with the virus for a prolonged period of time, or has had direct contact with the infected person's secretions.

**FHC = ARUP Family Health Clinic**

[Contact the FHC by calling 801-584-5144 during business hours \(M-F 6am - 5pm, Sat 8am - 4pm\) OR by email at familyhealthclinic@aruplab.com.](mailto:familyhealthclinic@aruplab.com)

After hours, please contact the night manager to page the on-call healthcare provider.

# Onsite employees who are **SICK**

## ANY new or worsening symptoms:

### General:

Fever ( $\geq 100.4^{\circ}\text{F}$  or  $38^{\circ}\text{C}$ ) or chills; Body aches;  
Fatigue; Headache; Diarrhea

### Lower respiratory symptoms:

Cough, shortness of breath, pain with breathing

### Upper respiratory symptoms:

Nasal congestion, runny nose, sore throat, loss of  
taste/smell

## Employee **MUST**:

- Stay out of work and contact supervisor
- **Contact FHC (see below)**
- If emergent: go to ER

## Family Health Clinic to assess,

order SARS-CoV-2 PCR testing, direct employee to  
testing site, and help with symptom management

**COVID-19 Positive**

**COVID-19 Negative**

See Flowchart for COVID-19 Positive Employees  
for logistical details

## May return to work when:

- 1) At least 10 days have passed since symptom onset (or  
test date if asymptomatic)
- AND
- 2) Symptoms are improving and considered "mild"
- AND
- 3) Fever has resolved off medication for at least 72 hours
- AND
- 4) Employee has been cleared by the FHC

## Employee **should**:

- Work with the FHC to manage symptoms
- Work with Supervisor and HR regarding time away from work

## May return to work when:

- 1) Symptoms are improving and considered "mild"
- AND
- 2) Fever has resolved off medication for at least 24 hours

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